

U.S. NAVY SHIP'S BELLS TIMEKEEPING

Time	Bells	Time	Bells	Time	Bells
MID		MORNING		FORENOON	
0030	1	0430	1	0830	1
0100	2	0500	2	0900	2
0130	3	0530	3	0930	3
0200	4	0600	4	1000	4
0230	5	0630	5	1030	5
0300	6	0700	6	1100	6
0330	7	0730	7	1130	7
0400**	8	0800	8	1200	8
AFTERNOON		DOGS*		FIRST	
1230	1	1630	1	2030	1
1300	2	1700	2	2100	2
1330	3	1730	3	2130	3
1400	4	1800	4	2200	4
1430	5	1830	5	2230	5
1500	6	1900	6	2300	6
1530	7	1930	7	2330	7
1600	8	2000	8	2400	8

*The period from 1600 to 2000 is split into two dog watches. These watches run from 1600 to 1800 and from 1800 to 2000. This alternates the daily watch routine so Sailors on the mid-watch would not have it the second night, and, the split also gives each watchstander the opportunity to eat the evening meal.

**Each watch is four hours long. The end of the watch is considered at 8 bells, hence the saying "Eight Bells and All Is Well."

Sources: www.navy.mil/navydata/questions/bells.html