

# DANCE

## FIT MASTER CLASS

with **Angie**

**April 27 • 2-4 pm**

21713 21st Street

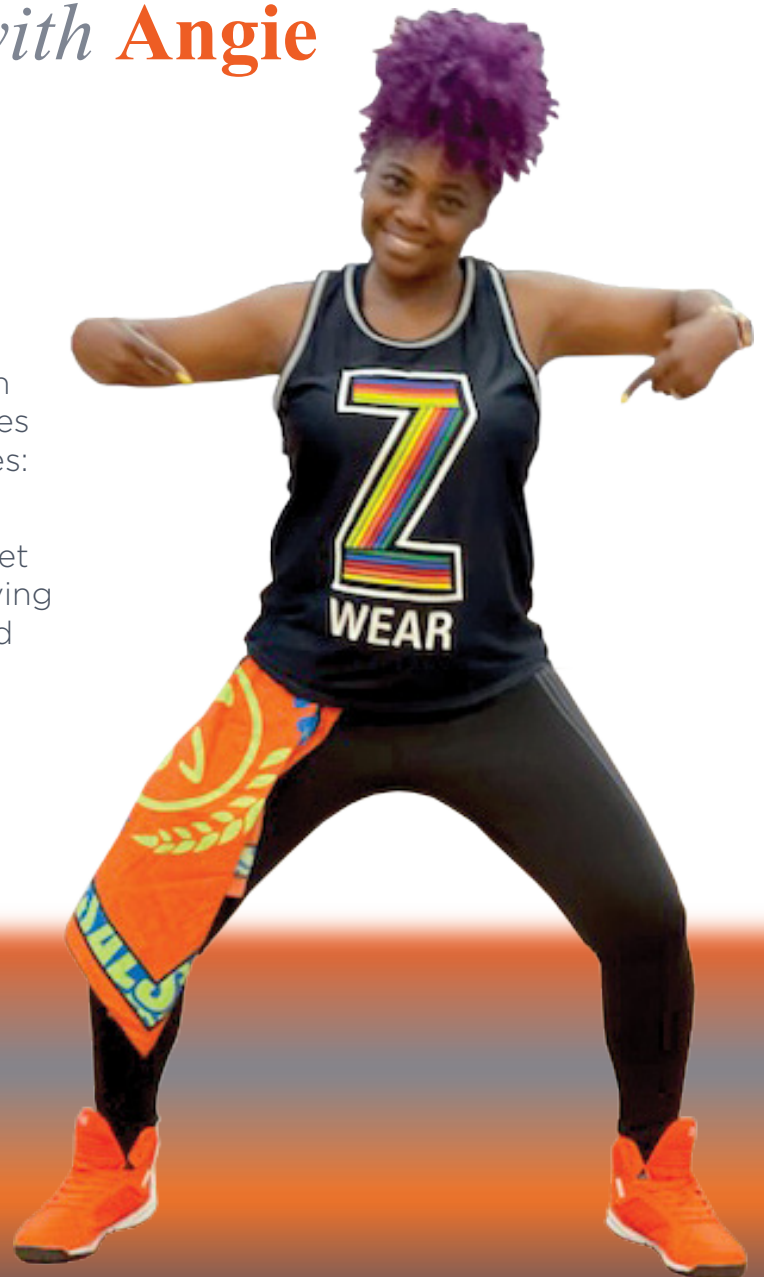
Open to All Experience Levels

There's a party going on right here at Nelson Fitness Center. Join Angie as she demonstrates different styles of high-energy dance exercises: Latin, Hip Hop, Line, Dance Hall and Soca.

This is a judgment-free zone, so join us and get your boogie on while decreasing stress, improving mobility and endurance, burning calories and meeting new people.

This class is free to all who attend, so bring yourself and a friend and have a great time.

**706-791-6872**



\*Please wear proper gym attire.