

the PARENTING ACADEMY

A Parenting Workshop Series



Looking to sharpen your parenting skills and have a great relationship with your children?

**Fort Gordon Army Community Service, Family Advocacy Program presents
a series of 10 workshops covering different aspects of raising children!**

Lead by Ashley Quamme, Licensed Marriage and Family Therapist

- Space is limited. Registration required
- Ask about Child Care (child must be registered with CYSS)
 - Free resources with each class
- Refreshments provided courtesy of Ashley Quamme
- Professionals welcome to attend

Sign-up for one or all 10 sessions!

Register at [Eventbrite.com](https://www.eventbrite.com) or call 706-791-5220 for more information.

DATE	PARENTING SEMINAR TOPIC	TIME	SITE
Tuesday, August 21	Workshop #1: <i>"Understanding Your Child's Development and Personality"</i>	1630-1900	FOC: Training Room
Tuesday, August 28	Workshop #2: <i>"Parenting through Tantrums and Meltdowns"</i>	1630-1900	FOC: Training Room
Tuesday, September 11	Workshop #3: <i>"Discipline Strategies for All Ages"</i>	1630-1900	FOC: Training Room
Tuesday, September 18	Workshop #4: <i>"Parenting Boys vs. Parenting Girls: Is there a difference?"</i>	1630-1900	FOC: Training Room
Tuesday, September 25	Workshop #5: <i>"Technology, Digital Media and Video Games"</i>	1630-1900	FOC: Training Room
Tuesday, October 9	Workshop #6: <i>"Helping Kids through Grief and Loss"</i>	1630-1900	FOC: Training Room
Tuesday, October 16	Workshop #7: <i>"How Your Childhood Impacts Your Parenting"</i>	1630-1900	FOC: Training Room
Tuesday, October 23	Workshop #8: <i>"Raising Responsible Kids"</i>	1630-1900	FOC: Training Room
Tuesday, November 6	Workshop #9: <i>"Building Resilient and Confident Kids"</i>	1630-1900	FOC: Training Room
Tuesday, December 4	Workshop #10: <i>"How to Communicate as a Family"</i>	1630-1900	FOC: Training Room

