

# PARENTING <sup>13-17</sup>

## THE 21<sup>st</sup> CENTURY PARENTING PARADIGM

**JULY 8**

Recognizing Signs of Anxiety,  
Depression or Self-Harm Behaviors

**JULY 15**

The Psychology Behind Misbehavior

**JULY 22**

Self Esteem/Empowerment/Resiliency

**JULY 29**

Communication and Conflict Resolution

**6-8 pm • Pizza served**

Register no later than 1 business day before each event • Free

**Family Outreach Center**

**571 Rice Drive, Building 33512**

Designed for parents or guardians with teens 13-17, these classes focus on all the essential topics, from encouragement, consequences and the goals of behavior to important topics such as recognizing signs of anxiety, depression, harmful behaviors, the psychology behind misbehaving, empowerment, resiliency, communication and conflict resolution, social media and much more.

To register call:

**706-791-3579**

