

# Embrace Your Inner

# planner!

**August 11 • 10:00 a.m.-12:00 p.m. | August 19 • 5:00-7:00 p.m.**

**August 25 • 2:00-4:00 p.m. | August 31 • 5:00-7:00 p.m.**

**Reunion: September 11 • 10:00 a.m.-12:00 p.m.**

**Family Outreach Center • 547 Rice Drive, Building 33512**

**Registration required for each workshop**

This free workshop uses **Happy Planner** as an intervention tool that combines your love for creativity with your need for organization to reduce daily stress and frustration. Planners and stickers will be provided for participants.



To register or more information:

**706-791-3579**