

**DE-STRESS FOR SUCCESS** 

## PLANNER WORKSHOP

December 3, 10 & 17, 2024 January 7, 2025

5-6:30 pm

Family Outreach Center 547 Rice Drive, Building 33512

This De-stress for Success Planner Workshop is the perfect opportunity to visualize a well-planned new year. Participants will receive a planner and learn how improving organization skills can be a positive factor in building healthy relationships.

To Register, call

706-791-3579

