

Top 10 Reasons to Volunteer

YOU MAKE A DIFFERENCE!
Every person counts

It saves resources!
Volunteering provides valuable community services so more money can be spent on local improvements.

It brings people together!
As a volunteer you assist in uniting people from diverse backgrounds to work toward a common goal building camaraderie and teamwork.

- Volunteering strengthens your community!**
- Support families: daycare and eldercare
 - Improve schools: tutoring and literacy
 - Support youth: mentoring and after a school programs

It promotes personal growth and self esteem!
Understanding community needs helps foster empathy and self-efficacy.



- You learn a lot!**
- Self: Volunteers discover hidden talents
 - Government: volunteer. talents learn about the functions and operation of our government
 - Community: Volunteers government gain knowledge of local resources available to solve community needs

It is good for you!
Volunteering provides physical and mental rewards...

- Reduces stress: Experts report that when you focus on someone other than yourself it reduces stress
- Makes you healthier: Moods and emotion, like optimism, joy, and control over one's fate, strengthen the immune system.

You get a chance to give back!
People like to support community resources that they use themselves or that benefit people they care about.

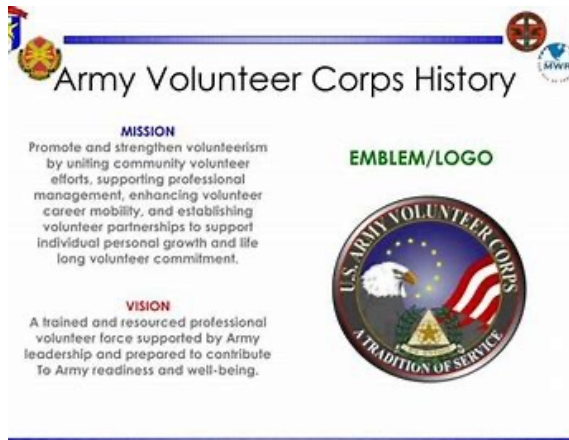
Volunteers gain professional experience!
You can test out a career.

Volunteering encourages civic responsibility!
People like to support community resources.



Army Volunteer Corps History

Fort Gordon
Georgia




Army Volunteer Corps History

MISSION
Promote and strengthen volunteerism by uniting community volunteer efforts, supporting professional management, enhancing volunteer career mobility, and establishing volunteer partnerships to support individual personal growth and life long volunteer commitment.

VISION
A trained and resourced professional volunteer force supported by Army leadership and prepared to contribute To Army readiness and well-being.

EMBLEM/LOGO



The emblem features an eagle with wings spread, perched on a globe, with the text "U.S. ARMY VOLUNTEER CORPS" and "A TRADITION OF SERVICE" around the border.

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For more information or to volunteer contact:

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